

NOVEMBER 2003

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Queensland Bushfood
Association
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SAVING "WILD" FOOD

A lengthy treatise – some 14 pages of it – was sent to the Bulletin by one of our members, John King, for us to perhaps present in serial form to our members. The document, published by the 'DARWIN INITIATIVE' in the U.K. is worth reading and you can look it up on the Internet. The website: www.bioline.org.br/request?

It focuses upon the need to protect all species becoming extinct or likely to do so, for various reasons. Of interest to us is the commendation to involve communities and government agencies that will assist, perhaps through legislation, in saving these species.

Call it "Wild" Food or "Bush" Food, legislation is a very sensitive issue to those of us who harvest, plant, and are developing products from native species in this land. Of equal concern is the need for assistance – be it financial or the provision of facilities – to propagate, develop, and investigate what these species have to offer, at an appropriate institution.

While members of the QBA are making a gallant effort to promote awareness of "Bush" foods and are working on "Guide" for use in

schools to teach future generations, the time has long past for government (local, state, and federal) to pay more than token interest in "bush" foods.

Since the QBA meeting held the first Saturday of this month I attended a workshop at Maroochy Research Station to learn about the Australian Online Farmers Market being developed by the Queensland Department of Primary Industries. The website will be of benefit to some members of the QBA, and perhaps to our society as a whole. The website is: www.farmersonlinemarket.com

The workshop presented also the opportunity for my partner and I to present some of our "Rainforest" products. DPI officers and those who attended were astounded and intrigued. The Industry Development Officer for custard apple, subtropical banana and sweet persimmon took me into a lab to show me what is being done with cuttings to help the timber industry. So I asked: 'Can you help the Bushfood Industry?' His response was: 'If a GROUP can present a viable proposal for such a project, the DPI can then apply for the funds to set it up.'

Maybe the DPI can help us save our "Wild" Foods?
The Editor....

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Lycopene in Millaa Vine

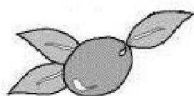
Warwick, a member of the QBA, sent the following to the *Bulletin*. It was sent to him by Brian Patterson who got the data from Barbara Blades at the Central Coast Campus of Uni Newcastle. All of which goes to show that networking through the QBA really does work!

'Dear Warwick,' Brian wrote, 'Barbara Blades at the CCC of Uni Newcastle has been analysing your Millaa vine fruits and now has a result.

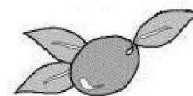
Lycopene (mg/100g):

In Persimmon – 0.675
In Tomato - 6.0
In Millaa vine - 24.5

Brian Patterson is writing a chapter for a book on fruits and vegetables, and how these may be of benefit to our health. **Lycopene**, he states is thought to slow the process of prostate cancer and reduce the rate at which arteries become clogged with cholesterol.

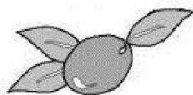


BUSHFOOD BUFFET AT NORTHEY STREET FARM



There will be 6 rounds of tastings – over 60 tastes! – at the Bushfood Buffet to be held on Sunday December 7th at the Northey Street Farm. The buffet begins at 12 noon and there will be native plants, relishes, jams for sale at this function. For chefs and restaurateurs this will be an opportunity to discover something “new” to present at your venues. Signed wildlife photos by John Wrench will also be available. The charge is:
\$50 per person
\$30 for those who pay in advance.

Further Information
Contact John Wrench
At
07 3256 3310



Publicise your products in The Bushfood Bulletin if you email the editor in time. And there is no charge for members!

QBA Membership
Application Form

Your Name/s

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Your Postal Address

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Phone

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Mail to:
Anne Embleton,
Treasurer QBA,
97 Bliesner Rd (MS 21)
Obum Obum Qld 4039

Editor's Desk

I take this opportunity to thank those who expressed appreciation for the material that has appeared in our quarterly newsletter, and the effort that has gone into both compiling it and making it readable and – hopefully – pertinent to what the QBA is all about.

My burgeoning workload now forces me to step aside and hand over to a new member of our Association who is willing to volunteer her services and expertise. Here is a thumbnail bio about our new compiler of The Bushfood Bulletin.

Lynne Paterson is a qualified accountant who made a career change into marketing and began working at the Bronco's Leagues Club marketing department for 2 years and later a small marketing agency before heading to London to work as an account manager in advertising agencies, and on advertising campaigns such as Royal Mail and Greenpeace. Upon her return to Australia in 2001 Lynne was based in Sydney working for advertising agencies until she came home to Brisbane to focus on the food industry. (Lynne grew up in Brisbane and went to Griffith Uni on the Gold Coast where she obtained a Bachelor of Business degree.) Since her return she has been working at Black Pearl Epicure – a company highly regarded by all in the food business –

and has learned a great deal about this industry. Lynne is starting her own business called "Bushfood Marketing", hence her interest in the QBA and joining our Association.

On behalf of all our members, thank you Lynne for doing so. Your experience, enthusiasm, and personality will be much appreciated by all!



Eden Bush Foods of Brisbane have 'Davos' for sale – frozen and with seed - grown on our polycultural plantation at Camp Mountain north east of Brisbane.

Enquiries welcome!
Contact Doug Brownlow on edenbf@powerup.com.au
Fax : (07) 3289 1329
Phone : (07) 3289 1245 or
Mobile: 0439 716 365



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Rally Against Land Clearing!!!

Thurs 27 November 12.30pm

The 27th November marks six months since the Governments said they'd protect the bush - but nothing has happened! It's also the last day that Parliament will sit this year. Join the Rally and say "It's time to Act!" Meet at Botanic Gardens, Corner Albert St & Alice St City mid-day Thursday 27th November. March thru the city to Parliament House. **Contact: The Wilderness Society**
www.wilderness.org.au

Visiting
Eat at *Eats*
(member of the QBA)